

**Curriculum Vitae – Michael Ivor Armstrong**  
**Position – Regional Competition Administrator**

Age: 65 years DOB 09.10.1945

Marital Status: Married to June – 5 children 30 yrs to 44 years – three boys / two girls – 10 grand children.

Education: Revoe and Thames Road Infants and Juniors, Blackpool – Arnold Grammar School, Blackpool to 5<sup>th</sup> form level.

Employment: 1963 to 1995 – Lancashire Constabulary  
1995 to 2004 – Science in Sport Ltd  
2004 to present Self Employed Cycling Coach and event organiser with Cycling Development North West.

For the last seven years I have also been employed as the Regional Competition Administrator.

During the last 12 months I have carried out the following duties for and on behalf of British Cycling and cycling Development North west:

Regional Commissaire at absolutely loads of Road Races  
Regional Commissaire at, at least, 30 Criterium races.

Technical Organiser of;  
Tour of Blackpool Day of Cycling  
Colne G.P.  
City of Preston G.P.  
Commonwealth Youth Games – Isle of Man

Built and run the C.D.N.W. & Ribble Valley Juniors websites

Co-ordinated and run a six week long cycling scheme for Preston School Sports Partnership.