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COACHING CO-ORDINATOR

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Coach Coordinators Report 5th September 2011

Most of the North West Regions notable coaching sessions have been covered in my reports over the past months, and its fair to say we have had a good year so far. What I would highlight is the need to continue the good work into the last period of the year with the cluster sessions at the velodrome, the DHL series, the RSR, the Go-Ride and Go-Ride racing sessions, which have all certainly helped us to create the regions high standard of youth riders.

I had a meeting with BC coach Tom Hodgkinson in the light of a group meeting of BC coaches, the topic being 'the cluster sessions'. I have been examining ways to rate those NWR riders who show a track natural ability in the sessions and create an extension to the programme as a pathway to the track leagues with funding from the board. Tom and I thought of getting those riders chosen, accredited to ride the track, but that fell at the first fence as I'm instructed that BC riders do not need accreditation to any track league. Perhaps this is the reason there is a drop in the numbers coming into the leagues at the lower age groups because its required for the Monday night league. I hope to discuss this at the meeting.

The Sefton cycling day of racing at Litherland Sports Park (after 6 weeks of coaching) set for July, fell short of expectations as the weather was awful, very heavy rain made it impossible to get on to the circuit. Not to be out done, the show was moved indoors to the sports college for a session of compi trainer racing, and indoor games. The programme is rescheduled for a date in September.

MCDG have a summer training/ coaching session on the 22nd August at Litherland Sports Park, and plan to continue with their winter training programme form October though to February 2012.

On behalf of the board would like to thank the regions coaches and volunteers for all their hard work, in making the year a coaching success.

Barry Warriner