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COACHING CO-ORDINATOR

Barry Warriner
75 Out Lane
Woolton
Merseyside
L25 8RN

Tel: 0151 428 6455
Email: barrywarriner@blueyonder.co.uk

Coach Coordinators Report September 2009

The last few months have shown a massive interest in the cycling schools programmes, with the 'in school primary schools, the schools holiday cycling camps and the after schools cycling clubs' at Litherland Sports Park all having good attendances. Unfortunately the position of 'Merseyside Go-Ride coach has been made redundant and I'm not sure at this stage what effect that decision will have on Merseyside's future progress and the gains we have made this year.

The Merseyside Cycling development group summer coaching / training sessions have had good attendances with riders making good progress in perfecting their techniques and skills. The winter sessions start in October at Litherland Sports Park with both indoor and outdoor coaching, details to be released soon. The Go-Ride sessions put on by the Liverpool Mercury each Monday evening have also had good attendances throughout the year.

The last DHL sprint school session took place in August at Newport, I was unable to attend but feedback informed me that once again it all went well.

Trying to get Velodrome coaching time at Manchester is still as difficult as ever, with only one-hour slots available up to the end of the year, I've asked Alex Scoular, with your approval, to go for dates early in 2010. In May of this year at the Champions Challenge event in Manchester we had Watt bike racing, which had a number of BC coaches attending lead by Tom Hodgkinson, and it was a great success. As we are having problems getting track time this year, I would like to give a Watt bike racing session a go, (B.C have recently taken delivery of a new batch of Watt bikes). We could possibly use a one-hour track time booking plus booking the track centre for the main event, plus coaching education.

Barry Warriner