

## **Curriculum Vitae – Michael Ivor Armstrong Position – Regional Competition Administrator**

Age: 63 years DOB 09.10.1945

Marital Status: Married to first wife – 5 children 28 yrs to 42 years – three boys / two girls – 9 grand children that I know about.

Education: Revoe and Thames Road Infants and Juniors, Blackpool – Arnold Grammar School, Blackpool to 5<sup>th</sup> form level.

Employment: 1963 to 1995 – Lancashire Constabulary  
1995 to 2004 – Science in Sport Ltd  
2004 to present Self Employed Cycling Coach and event organiser with Cycling Development North West.

For the last five years I have also been employed as the Regional Competition Administrator.

During the last 12 months I have carried out the following duties for and on behalf of British Cycling and cycling Development North west:

Regional Commissaire at 29 Road Races  
Regional Commissaire at 20 Criterium races.

Technical Organiser of;  
Tour of Blackpool Cycling Weekend  
Colne G.P.  
Rochdale G.P.  
Blackburn G.P.  
Tour of Pendle  
City of Preston G.P.

Coached at the highly successful Tuesday evening sessions at Preston Arena  
Built and run the C.D.N.W. website

Co-ordinated and run two six week long cycling schemes for Preston School Sports Partnership