

Curriculum Vitae – Michael Ivor Armstrong Position – Regional Competition Administrator

Age: 64 years DOB 09.10.1945

Marital Status: Married to first wife – 5 children 29 yrs to 43 years – three boys / two girls – 9 ¼ grand children that I know about.

Education: Revoe and Thames Road Infants and Juniors, Blackpool – Arnold Grammar School, Blackpool to 5th form level.

Employment: 1963 to 1995 – Lancashire Constabulary

1995 to 2004 – Science in Sport Ltd

2004 to present Self Employed Cycling Coach and event

organiser with Cycling Development North West.

For the last six years I have also been employed as the Regional Competition Administrator.

During the last 12 months I have carried out the following duties for and on behalf of British Cycling and cycling Development North west:

Regional Commissaire at absolutely loads of Road Races
Regional Commissaire at, at least, 30 Criterium races.

Technical Organiser of;
Tour of Blackpool Day of Cycling
Colne G.P.
Blackburn G.P.
National Road Race Championships
City of Preston G.P.

Coached at the highly successful Tuesday evening sessions at Preston Arena
Built and run the C.D.N.W. website

Co-ordinated and run two six week long cycling schemes for Preston School Sports Partnership