

MTB Workgroup AGM Report 2019

The initial meeting was held in Preston on the 13th May 2019

Attendees:

Jack Humphreys- Talent Development Coach MTB

Iain Childs- L3 Coach at Kendal CC Running Coaching and racing in Kendal area, would like to focus on more girls in MTB.

Antony Wood- L2 MTB coach at Cogset

Adrian Watts- L2 MTB coach MTB ride leader, MTB organiser at Lee Quarry Rossendale RC, PMBA, MTB organisers,

Karen Long- L2 coach, Bolton HW, chief marshal of PMBA enduro, Midweek MTB Madness coordinator, trainee commissaire.

Roy Hunt- Rider, MTB, MTB/CX organiser

Len Woffindin- Chair, regional board member, CX commissaire, member of NWCCA committee, coach of various disciplines.

Adam Newall- North West Regional Events officer

The meeting was an open conversation discussing areas of weakness and opportunities for Mountain Bike in the North West Region.

The following points came out of the meeting, to form the basis of a regional plan for Mountain Bike activity and development:

- Lack of L2 MTB coaches across the region.
- Information needs to be more readily available
- Define a pathway for coaching through the age groups (location and development levels)
- Coaching continued personal development
- Coordinating sessions of coaching and ride leaders of sessions (get an example of the Kendal CC coaching session)
- Communication tools (how do we get the information out to everyone?)
- Discuss with the region whether there are funding opportunities (youth development focus)
- Route for coaching takes too long and is putting volunteers off (crash course)
- Create a supportive racing system to coordinate with MTB
- Have a look into the expense of racing. See how youth prices are across different disciplines
- Less technical racing. Course for all ages (Go-race)
- Community environment for riders
- Look at non-competitive opportunities. Links in and out of racing and rider leading
- Send John Wych information. Request information on club coaches and location
- Identify cluster coaching hubs

The above points will be discussed with British Cycling, facilitated by the Regional Board, and incorporated as appropriate into the Regional Plans.

A follow up meeting will be scheduled following the Regional AGM, then regular meetings established.

Len Woffindin
MTB Subgroup Chair